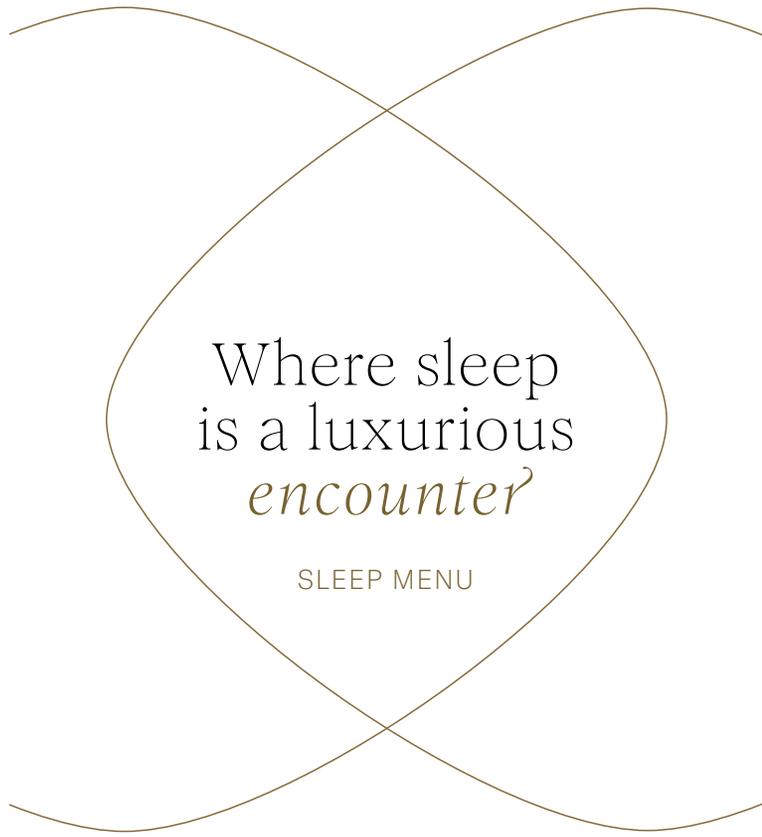


*To experience the same
bedtime bliss at home, explore the
Sofitel Boutique.*

SOFITELBOUTIQUE.COM

S O F I T E L
MY-BED



Where sleep
is a luxurious
encounter

SLEEP MENU

S O F I T E L
MARRAKECH PALAIS IMPERIAL & SPA



SLEEP AMENITIES

SLEEP MASK COMPLIMENTARY
Achieve a deeper level of sleep with our soft sleep mask.

READING SELECTION COMPLIMENTARY
Wind down after a hectic day with a relaxing read before bed.

EAR PLUGS COMPLIMENTARY
Escape the outside world and drift off to sleep in soothing silence.

PILLOW MENU

To personalize your sleep experience, we are pleased to offer a range of complimentary pillows to enhance your level of comfort. Each pillow includes the option of being rectangular or square, and to be filled with synthetic or natural material.

ROYAL SOFT PILLOW, NATURAL MATERIALS Reverie Douceur
Indulge in the opulent comfort of our feather-filled royal soft pillow with a plush firmness of 4/10.

FIRM PILLOW, NATURAL MATERIALS Reverie Douceur
Experience our firm, feather-filled pillow, featuring a supportive firmness of 8/10.

SOFT PILLOW, HYPOALLERGENIC Excel Douceur
Rest comfortably on our soft, synthetic-filled pillow with a plush firmness of 4/10.

FIRM PILLOW, HYPOALLERGENIC Excel Contact
For optimum support and comfort, this firm pillow (8/10) has a synthetic filling.

ERGONOMIC PILLOW Ergo Comfort
Ergo Comfort Shaped to provide optimum comfort while reading or working. Firm, yet gentle support, filled with poly foam bars and duck feathers.

RELAXING TOILETRIES

ROOM/PILLOW MIST Visit our boutique
A whisper of tranquility to your bedtime ritual delicately infused with the ethereal scent of orange blossoms.

SPA TREATMENTS

DEEP FOOT MASSAGE MAD 700 for 30 mins
Experience unparalleled relaxation with our Deep Foot Massage. Let tension melt away as skilled hands soothe tired muscles and promote overall wellness. Indulge in deep relaxation and rejuvenation.

RELAXING SKULL MASSAGE MAD 700 for 30 mins
Experience the ultimate relaxation with our soothing skull massage. Let tension melt away as gentle, expert hands work their magic, leaving you feeling rejuvenated and stress-free.

HAND MASSAGE MAD 700 for 30 mins
Indulge in the ultimate relaxation with our soothing hand massage. Let tension melt away as skilled hands gently knead and release stress, leaving your hands feeling rejuvenated and refreshed.

For further information, please contact your Guest Service by dialing 9 on your room telephone

The art of *sleep*

Discover our curated recommendations for a perfect night's rest.

Eat light

Enjoy a light, high-fiber dinner with an herbal tea 2 hours before bedtime. Consult the  icon on our Room Service menu for our carefully selected recommendations.

Listen soft

Soothe your mind with a relaxing playlist from our residence DJ Mosey. In addition, we offer white, pink and gray playlists to further calm your mind for optimum sleep.



Feel cool

Based on scientific research, optimal sleep can be achieved in a cool room. Regulate the temperature between 15-21°C according to the local season.

Move slow

To fight jet lag and reduce the stress of traveling:

- Practice physical activity in natural morning light if you traveled towards the East.
- Practice physical activity in natural afternoon light if you traveled towards the West.

Rest well

Indulge in the comfort and softness of Sofitel MyBed™, the perfect cocoon to calm your body and mind.