

# SOFITEL SPA

wellness



FUSION OF ANCESTRAL TRADITIONS &  
FRENCH COSMETOLOGY



# SOFITEL SPA

Journey into the fusion of ancestral traditions from both near and far, combined with the refinement and cutting-edge expertise of French cosmetology. Sofitel Spa invites you to experience radiance and revitalization through a carefully curated selection of wellness and beauty treatments.

Immerse yourself in the unique ambiance of Sofitel Marrakech Spa, where you can awaken your senses and transcend time in a space inspired by Arabo-Moorish architecture and French elegance.

*In this spa menu, reminiscent of gastronomy, discover all the ingredients to radiate and dissolve the tensions and stresses of your daily life.*



Opening Hours  
7 days a week



From 9:00 AM to 9:00 PM



# SOFITEL SPA

## OUR SIGNATURE TREATMENTS

### Rejuvenation

60 min – 990Dh

The cutting-edge beauty technology of French expertise comes to life in this facial treatment, where massage, drainage, reflexology, and a gourmet touch combine for an immediate lifting effect.

### Exhilaration

60 min – 990Dh

A surprising sensory journey dedicated to the body. Gentle rocking and euphoric massage converge for a rebirth of the body and an awakening of the senses.

## A LA CARTE STARTERS

The secret to beauty and well-being: Properly prepare your skin. To be combined with your masterful treatment.

## THE HAMMAMS

### Express Hammam Scrub

30 min – 600 Dh

Indulge in a session of Hammam with purifying and relaxing properties, featuring the application of black soap and exfoliation with a Kessa glove to rid the skin of dead cells.

### Ceremonial Hammam

60 min – 990 Dh

This purifying oriental treatment is an integral part of the Moroccan hammam ritual. Henna, black soap, and Ghassoul work together to eliminate impurities, bring softness and radiance to your skin, offering it a renewed youthfulness.



# S O F I T E L S P A A

## BODY SCRUBS

### Aromatic Scrub

30 min – 600 Dh

Body exfoliation treatment featuring a blend of salt and local spices, skillfully applied by our therapists to provide softness and radiance to your skin.

## ESSENTIALS

## REFINED FACIAL CARE

### FACIAL TREATMENTS

60 min – 990 Dh

Purity and Radiance Treatment, combining a ceremonial skin cleansing ritual with a facial massage using orange blossom oil for a sense of well-being and beauty.

### Berber Treatment for Sensitive Skin

60 min – 990 Dh

Ancient Moroccan beauty recipe featuring a splendid blend of rose water, white clay, and argan oil to restore nourished, hydrated, and soothed skin.

### Sublime Anti-Aging Facial Treatment

60 min – 990 Dh

Treatment with prickly pear seed oil, renowned for its natural and potent antioxidant properties.

### Japanese Ko Bi Do

60 min – 990 Dh

Specific Anti-Wrinkle Treatment, stimulates energy circulation and tones facial muscles. A true lifting experience.



# SOFITEL SPA

## MASSAGES

### Traditional Oriental Massage

60 min – 990 Dh

90 min – 1400 Dh

Relaxing massage with warm oil, following the traditional gestures of the Maghreb.

### Ayurvedic Massage

60 min – 990 Dh

90 min – 1400 Dh

Indian massage, practiced for millennia, invigorating and muscular, releasing tension areas to restore energy and vitality.

### Hot Stones Massage

60 min – 990 Dh

Relaxing hot stone massage to restore balance, alleviate tensions, and rediscover the vital energy of your body.

### Four-Handed Massage

60 min – 1900 Dh

For a unique moment of absolute relaxation and tranquility, providing a true sense of letting go.

### Comme Maman

30 min – 1200 Dh

60 min – 1980 Dh

Relaxing massage for a moment of bonding between Mom and her little Princess or Prince.

### Comme Papa

30 min – 1200 Dh

60 min – 1980 Dh

Spend a special moment, the time of a massage, between Dad and his little prince or princess.



# S O F I T E L S P A A

## EXPRESS MESSAGES

Express Stress Relief Massage 30 min – 600 Dh

Relaxation Break for the Hyperactive and Stressed.

Back Massage 30 min – 600 Dh

Ideal for loosening tension, relaxing muscles, relieving soreness, and recharging by releasing stress.

Foot Massage 30 min – 600 Dh

This massage promotes pain relief and the release of all forms of tension from your feet.

Gentle Head Massage 30 min – 600 Dh

A massage that erases traces of fatigue and helps clear the mind.

## THE UNIQUE TREATMENT DERIVED FROM TECHNOLOGY

Iyashi Dome 30 min – 500 Dh

A revolutionary technique using far-infrared sweating that detoxifies, regenerates, and promotes slimming by rebalancing the body and improving skin quality. This equipment allows for a noticeable loss through sweating on the entire body, reaching up to 1200ml, eliminating up to 600 kilocalories in one session.

Benefits: regenerating, slimming, purifying, relaxing, reducing muscle soreness, and providing muscle relaxation.

Combine with a coaching session for a targeted and personalized response.





# S O F I T E L S P A A

## ORIENTAL RITUALS

### Ritual chaleur de l'Atlas

90 min – 1400 Dh

This ritual begins with the traditional Hammam scrub using black soap, followed by a one-hour purifying wrap with Ghassoul cream, and concludes with a thirty-minute oriental massage.

### Ritual chaleur de l'Atlas

120 min – 1800 Dh

This ritual starts with the traditional Hammam scrub using black soap, followed by a one-hour purifying wrap with Ghassoul cream, and concludes with a sixty-minute Oriental massage.

### Pickly Pear Ritual

90 min – 1400 Dh

Indulge in the moisturizing and antioxidant effects of Barbary Fig Oil with this exclusive ritual for face, body, and hair.

### Zen Ritual

90/120 min – 1400/1800 Dh

Full-body relaxing massage followed by a foot massage stimulating energy points.

### White Ritual

60/90 min – 990/1400 Dh

The White Ritual reimagines tradition with a milk elixir presented in exfoliation, mask, and massage cream. A sublime treatment inspired by the beauty secrets of the legendary Queen Cleopatra.



# DESSERTS

*By Yassmine*

## HAND AND FOOT CARE

Express Manicure 30 min – 500 Dh

Quick clean to preserve the beauty of your hands.

Express Manicure and biab 45 min – 600 Dh

Express cleaning with varnish application.

Complete Hand Beauty spa 60 min – 990 Dh

A comprehensive treatment to refresh and pamper your hands, including cleaning, exfoliation, nourishing mask, and massage.

Express Pedicure 30 min – 600 Dh

Quick clean to restore the beauty of your feet.

Express Pedicure and biab 45 min – 700 Dh

Quick clean followed by a polish application.

Complete Foot Beauty spa 60 min – 990 Dh

Comprehensive foot care including cleaning, exfoliation, nourishing mask, and a relaxing massage.

Classic Nail Polish 20 min – 300 Dh  
Permanent Application

Add a touch of color with a classic nail polish application for beautiful nails.

**\*We would like to inform you that payment for all dessert-related services is settled on-site.**





# DESSERTS

*By Yassmine*

## HAND AND FOOT CARE

American Manicure 60 min – 700 Dh

Nails gel extension

American Manicure / Baby boomer 75 min – 800 Dh

Gel Removal and Cleaning 30 min – 400 Dh

Pose Biab 30 min – 400 Dh

Pose Biab French/  
Baby boomer 60 min – 500 Dh

Biab Removal and Cleaning 30 min – 400 Dh

Complete Foot Beauty spa 30 min – 400 Dh

Gel / Biab Touch-Up Extra min – 200 Dh

Add a touch of color with a classic nail polish application for beautiful nails.

**\*We would like to inform you that payment for all dessert-related services is settled on-site.**



# DESSERTS

*By Yassmine*

## HAIR CARE

Blow-Dry for short hair	250 Dh
Blow-Dry for Medium- Length Hair	300 Dh
Blow-Dry for long hair	350 Dh
Treatment through the application of a mask/serum	200 Dh



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# S O F I T E L S P A A

## HAIR REMOVAL SERVICES

Bikini line	20 min - 200 Dh
Full Bikini	30 min - 250 Dh
Half-Legs	25 min - 200 Dh
Full Legs	30 min - 250 Dh
Eyebrows	20 min - 200 Dh
Upper lip hair	30 min - 100 Dh
Underarms	20 min - 150 Dh
Forearms	30 min - 200 Dh
Arms	40 min - 300 Dh
Full Face	60 min - 500 Dh
Full Body Waxing	110 min - 1400 Dh
Back	30 min - 300 Dh
Chest	30 min - 300 Dh
Belly Line	20 min - 150 Dh



# SOFITEL SPA

## SPA SUBSCRIPTIONS

Sofitel Fitness access + relaxation pool and sauna access

For the year	12 000 Dh
For a semester	7 000 Dh
For a quarter	4 000 Dh

## ATHLETES

Sofitel Fitness Space  
24h/24h

FOR SPORT ENTHUSIASTS 30 min – 500 Dh

Private Coaching: Individual training sessions with a coach are available  
- by appointment -

Fitness session at Sofitel  
Fitness.

For external guests, access to the fitness room is available from 10 a.m.

## RELAXATION POOL AREA

You can relax at any time in the heated relaxation pool at 28°C with access to the sauna. 120 min - 250 Dh



# SOFITEL SPA

## PRACTICAL INFORMATION AND GENERAL CONDITIONS

Services offered are wellness and relaxation treatments, non-therapeutic, and non-medicalized.

### **Hours:**

**The Sofitel Spa is open daily from 9 AM to 9 PM.**

### **Arrival at the Sofitel Spa**

To enjoy your treatments peacefully, we kindly ask you to arrive 20 minutes prior to your scheduled treatment time. In case of delay, we may need to shorten the duration of your treatment.

### **Cancellation Policy**

Any appointment can be canceled 24 hours in advance for external guests, and 4 hours in advance for guests staying at the hotel. Below this notice period, the reserved service will be charged.

### **Access to the Sofitel Spa**

- We recommend bringing your swimsuit to enjoy the relaxation pool and using the hotel's bathrobe from your room.
- The Sofitel Spa provides a robe, towels, and slippers exclusively for Spa use, as well as a locker for your personal belongings.
- Wearing slippers or sandals is essential for access to the spaces.
- To access the Sofitel Fitness, a sportswear outfit and shoes are necessary.
- For every treatment at the Sofitel Spa (massage, facial treatment, and/or exfoliation), you can enjoy a relaxation moment in the pool and sauna: One hour before or after your treatment, as per your preference..

### **Gift Invitations**

An elegant gift for any occasion: You can offer an hour to a full day of wellness to your loved ones..

### **Reservations and Appointments**

It is recommended to schedule appointments in advance via phone: **+212 524 425 644** , email : **h3569-th1@sofitel.com** or by visiting our spa directly.

**Madam Karima Taouki and her team are at your service for any  
information**

### **SOFITEL MARRAKECH LOUNGE & SPA**

Rue Haroun Errachid – Hivernage – 40000 – Marrakech

More info and booking +212 524 425 644 –

E-mail : H3569-TH1@SOFITEL.COM

